

5<sup>th</sup> -7<sup>th</sup> of June 2015  
LVIV UKRAINE



## 4<sup>th</sup> Open Rhythmic Gymnastics Tournament “NIKA CUP 2015”

### INVITATION

Dear sport friends!

We have a great pleasure to invite your club to our **4<sup>th</sup> Open Rhythmic Gymnastics Tournament “NIKA CUP 2015”**.  
The competition will be held in Lviv, Ukraine on 5<sup>th</sup> – 7<sup>th</sup> of June 2015.

### SCHEDULE OF TOURNAMENT

**Thursday, 4<sup>th</sup> of June 2015** – arrival and accommodation of delegations, technical meeting of judges and coaches

**Friday, 5<sup>th</sup> of June 2015** – all-around competition

**Saturday, 6<sup>th</sup> of June 2015** – judge meeting, all-around competition, gala show 1, award ceremony and banquet

**Sunday, 7<sup>th</sup> of June 2015** – finals competition, gala show 2, award ceremony and departure of delegations

### APPLICATION

Definitive application till **15<sup>th</sup> of May 2015**

### ADDRESS

e-mail: [tifani\\_ira@yahoo.com](mailto:tifani_ira@yahoo.com); [nikagym@yahoo.com](mailto:nikagym@yahoo.com);

Tel. +380677145778– Iryna Ruda

[www.nikagym.com.ua](http://www.nikagym.com.ua)

### COMPETITION HALL

79035, UKRAINE, LVIV CITY, KERCHENSKA STR. 8

Sport hall “GALYCHYNA”

### DELEGATION

Each delegation will consist of **4 gymnasts** (max. 1 in each category), coach and judge (obligatory).

We hope, your best gymnasts will be able to participate in our tournament.

The organizing club has the right to enter more than 1 gymnast per category.

### INSURANCE

**All participating delegations are responsible for having the necessary coverage against accidents and illness!**

# **4<sup>th</sup> Open Rhythmic Gymnastics Tournament**

## **“NIKA CUP 2015”**

### **COSTS**

#### **ACCOMMODATION**

The delegation (6 persons) will have to pay 20 – 40 EUR/person/night. Extra persons and / or nights will have to pay 30 - 50 EUR per person /per night.

**Please send the accommodation reservation together with the tournament application till 15<sup>th</sup> of May 2015.**

#### **START FEE**

**30EUR** for each participating gymnast / any additional gymnast - **40 EUR**

**All costs have to be paid upon arrival.**

#### **GALA**

All gymnasts are welcome to present 1 short exhibition (max. 3 min). If you like to take part in the gala performance, please write an application with the names of the gymnasts and how the performance should be announced.

#### **TRANSPORT**

Organizer will provide transport for your delegation from Lviv International Airport, Lviv railway station and Lviv bus station to the hotel and back.

#### **NOTE**

Please, bring with you **5 copies of D form for each exercise** of your gymnasts. Give the copies to the organizers on your arrival to the technical meeting on **4<sup>th</sup> of June 2015**.

The music for competition: **1 CD for each exercise** (according to the FIG Code of Points, 2013-2016).

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**Categories and Technical Program**

<b>CATEGORY A</b>	<b>CATEGORY B</b>	<b>CATEGORY C</b>
<b>SENIOR BORN 1999 AND OLDER</b> <b>ALL-AROUND:</b> Hoop, Clubs <b>FINAL:</b> Ball, Ribbon <b>FIG Program</b>		
<b>JUNIORS BORN 2002-2000</b> <b>ALL-AROUND:</b> Rope, Ball <b>FINAL:</b> Hoop, Clubs <b>FIG Program</b>		
<b>PREJUNIORS BORN 2003</b> <b>ALL-AROUND:</b> 1. Rope 2. Ribbon <b>FINAL:</b> Hoop <b>D max = 7.0</b>	<b>PREJUNIORS BORN 2003</b> <b>ALL-AROUND:</b> 1. Hoop 2. Ball <b>FINAL:</b> Clubs <b>D max = 7.0</b>	<b>PREJUNIORS BORN 2003</b> <b>ALL-AROUND:</b> 1. Hoop 2. Apparatus by choice <b>D max = 6.0</b>
<b>PREJUNIORS BORN 2004</b> <b>ALL-AROUND:</b> 1. Hoop 2. Clubs <b>FINAL:</b> Ribbon <b>D max = 6.0</b>	<b>PREJUNIORS BORN 2004</b> <b>ALL-AROUND:</b> 1. Hoop 2. Ball <b>FINAL:</b> Rope <b>D max = 6.0</b>	<b>PREJUNIORS BORN 2004</b> <b>ALL-AROUND:</b> 1. Rope 2. Apparatus by choice <b>D max = 5.0</b>
<b>GIRLS BORN 2005</b> <b>ALL-AROUND:</b> 1. Hoop 2. Clubs <b>FINAL:</b> Ball <b>D max = 5.0</b>	<b>GIRLS BORN 2005</b> <b>ALL-AROUND:</b> 1. Rope 2. Hoop <b>FINAL:</b> Ribbon <b>D max = 5.0</b>	<b>GIRLS BORN 2005</b> <b>ALL-AROUND:</b> 1. Without apparatus 2. Apparatus by choice <b>D max = 4.0</b>
<b>GIRLS BORN 2006</b> <b>ALL-AROUND:</b> 1. Hoop 2. Apparatus by choice <b>FINAL:</b> Without apparatus <b>D max = 5.0</b>	<b>GIRLS BORN 2006</b> <b>ALL-AROUND:</b> 1. Without apparatus 2. Rope <b>FINAL:</b> Without apparatus <b>D max = 5.0</b>	<b>GIRLS BORN 2006</b> <b>ALL-AROUND:</b> 1. Without apparatus 2. Apparatus by choice <b>D max = 4.0</b>
<b>GIRLS BORN 2007</b> <b>ALL-AROUND:</b> 1. Hoop 2. Apparatus by choice <b>D max = 4.0</b>	<b>GIRLS BORN 2007</b> <b>ALL-AROUND:</b> 1. Without apparatus 2. Rope <b>D max = 4.0</b>	<b>GIRLS BORN 2007</b> <b>ALL-AROUND:</b> 1. Without apparatus <b>D max = 3.0</b>
<b>GIRLS BORN 2008 AND YOUNGER</b> <b>ALL-AROUND:</b> 1. Without apparatus 2. Apparatus by choice <b>D max = 3.0</b>	<b>GIRLS BORN 2008 AND YOUNGER</b> <b>ALL-AROUND:</b> 1. Without apparatus <b>D max = 3.0</b>	<b>GIRLS BORN 2008 AND YOUNGER</b> <b>ALL-AROUND:</b> 1. Without apparatus <b>D max = 2.0</b>

**Without apparatus: max 8 dif.; min – 1 S $\rightarrow$**

**With apparatus (rope, hoop, ball, clubs, ribbon):**

**Girls born 2003: min 4 – max 7 dif.; Max 3 R; Max 4 M; min – 1 S $\rightarrow$**

**Girls born 2004-2006: min 4 – max 7 dif.; Max 2 R; Max 4 M; min – 1 S $\rightarrow$**

**Girls born 2007 and younger: min 4 – max 7 dif.; Max 1 R; Max 3 M; min – 1 S $\rightarrow$**

# **4<sup>th</sup> Open Rhythmic Gymnastics Tournament**

## **“NIKA CUP 2015”**

- Only first 6 gymnasts from the all-around competition (Levels A and B) can participate in the final (max.1 gymnast per club, but not more than 2 gymnasts per country ).
- The organizing club (SC“NIKA”) can add 1 gymnast in every final.

### **AWARDS**

#### **ALL-AROUND COMPETITION**

1<sup>st</sup>-3<sup>rd</sup> place – cups, medals, diplomas

4<sup>th</sup>-6<sup>th</sup> place - medals, diplomas

#### **FINALS**

1<sup>st</sup>-3<sup>rd</sup> place – medals, diplomas

4<sup>th</sup>-6<sup>th</sup> place - diplomas

Special prizes for gymnasts, coaches and judges.

All participants will receive presents.

The organizing committee welcomes you to Lviv,

IRYNA RUDA

Head Coach

Director SC “NIKA”

UKRAINE

**4<sup>th</sup> Open Rhythmic Gymnastics Tournament**  
**“NIKA CUP 2015”**

**DEFINITIVE ENTRY “NIKA CUP 2015”**

Please, return this application form before: **15<sup>th</sup> of May 2015**

**CONTRY:**

**CLUB:**

**ADDRESS:**

**E-MAIL:**

**CONTACT PERSON:**

**GYMNASTS:**

No	Name surname Gymnasts	Category	Level A or B or C
1.			
2.			
3.			
4.			

**JUDGE (name surname):**

**COACH (name surname):**

**EXTRA PERSONS:**

**ACCOMMODATION (20 or 40 EUR/ persons/nights):**

**TRAVEL DETAILS (means of transport):**

Arrival date \_\_\_\_\_ time \_\_\_\_\_

Departure date \_\_\_\_\_ time \_\_\_\_\_

Place and date	Stamp	Signature
		