



2nd International Rhythmic Gymnastics Tournament "NIKA CUP 2013"

INVITATION

Dear sport friends!

We have a great pleasure to invite your club to our **2nd International Rhythmic Gymnastics Tournament "NIKA CUP 2013"**.

The competition will be held in Lviv, Ukraine on 31st of May -02nd of June 2013.

INVITED COUNTRIES

Austria, Belgium, Bosnia and Herzegovina, Bulgaria, Canada, Croatia, Czech Republic, Cyprus, Great Britain, Estonia, France, Georgia, Germany, Greece, Hungary, Israel, Italy, Latvia, Luxemburg, Moldova, Montenegro, Netherlands, Norway, Poland, Romania, Russia, Serbia, Slovakia, Spain, Sweden, Turkey, Ukraine, United States of America.

SCHEDULE OF TOURNAMENT

Thursday, 30th of May 2013 – arrival and accommodation of delegations

Friday, 31st of May 2013 – technical meeting of judges and coaches, all-round competition

Saturday, 01st of June 2013 – judge meeting, all-round competition, gala show 1, award ceremony and banquet

Sunday, 02nd of June 2013 – finals competition, gala show 2, award ceremony and departure of delegations

APPLICATION

Preliminary application till **25th of March 2013**

Definitive application till **10th of April 2013**

ADDRESS

e-mail: tifani_ira@yahoo.com; nikagym@yahoo.com;

Tel. +380677145778–Iryna Ruda

www.nikagym.com.ua

COMPETITION HALL

79035, UKRAINE, LVIV CITY, KERCHENSKA STR. 8

Sport hall "GALYCHYNA"

DELEGATION

Each delegation will consist of **4 gymnasts** (max. 1 in each category), coach and judge (obligatory).

We hope, your best gymnasts will be able to participate in our tournament.

The organizing club has the right to enter more than 1 gymnast per category.

INSURANCE

All participating delegations are responsible for having the necessary coverage against accidents and illness!



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COSTS

ACCOMMODATION

The delegation (6 persons) will have to pay 30 – 40 EUR/person/night. Extra persons and / or nights will have to pay 40 - 50 EUR per person/per night.

Please send the accommodation reservation together with the tournament application till 10th of April 2013.

START FEE

30EUR for each participating gymnast/ any additional gymnast - **50 EUR**

All costs have to be paid upon arrival.

GALA

All gymnasts are welcome to present 1 short exhibition (max. 3 min). If you like to take part in the gala performance, please write an application with the names of the gymnasts and how the performance should be announced.

TRANSPORT

Organizer will provide transport for your delegation from Lviv International Airport, Lviv railway station and Lviv bus station to the hotel and back. The organizer is also providing the transport from the hotel to the competition hall and back.

NOTE

Please, bring with you **5 copies of D form for each exercise** of your gymnasts. Give the copies to the organizers on your arrival to the technical meeting on **31st of May 2013**.

The music for competition: **1 CD for each exercise** (according to the FIG Code of Points, 2013-2016).



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Categories and Technical Program

CATEGORY A	CATEGORY B	CATEGORY C
SENIOR BORN 1997 AND OLDER ALL-ROUND: Ball, Clubs FINALS: Hoop, Ribbon FIG Program	-----	-----
JUNIORS BORN 2000-1998 ALL-ROUND: Hoop, Ribbon FINALS: Ball, Clubs FIG Program	-----	-----
PREJUNIORS BORN 2001 ALL-ROUND: 1. Hoop 2. Rope or ball FINAL: Clubs D: min 4 – max 7; D max = 8.0; Max 3 R; min – 1 S $\overrightarrow{\rightarrow}$	PREJUNIORS BORN 2001 ALL-ROUND: 1. Ribbon 2. Hoop or ball FINAL: Rope D: min 4 – max 7; D max = 8.0; Max 3 R; min – 1 S $\overrightarrow{\rightarrow}$	PREJUNIORS BORN 2001 ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 5.0; min – 2 S $\overrightarrow{\rightarrow}$ 2. Apparatus by choice D: min 4 – max 7; D max = 5.0; Max 2 R; min – 1 S $\overrightarrow{\rightarrow}$
GIRLS BORN 2003-2002 ALL-ROUND: 1. Hoop 2. Rope or clubs D: min 4 – max 7; D max = 7.0; Max 3 R; min – 1 S $\overrightarrow{\rightarrow}$ FINAL: Ball	GIRLS BORN 2003-2002 ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 7.0; min – 2 S $\overrightarrow{\rightarrow}$; 2. Rope or ball D: min 4 – max 7; D max = 7.0; Max 3 R; min – 1 S $\overrightarrow{\rightarrow}$ FINAL: Hoop	GIRLS BORN 2003-2002 ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 4.0; min – 2 S $\overrightarrow{\rightarrow}$; 2. Apparatus by choice D: min 4 – max 7; D max = 4.0; Max 2 R; min – 1 S $\overrightarrow{\rightarrow}$
GIRLS BORN 2005-2004 ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 5.0; min – 2 S $\overrightarrow{\rightarrow}$ 2. Hoop or ball D: min 4 – max 7; D max = 5.0; Max 2 R; min – 1 S $\overrightarrow{\rightarrow}$ FINAL: Rope	GIRLS BORN 2005-2004 ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 5.0; min – 2 S $\overrightarrow{\rightarrow}$ 2. Apparatus by choice D: min 4 – max 7; D max = 5.0; Max 2 R; min – 1 S $\overrightarrow{\rightarrow}$ FINAL: Without apparatus	GIRLS BORN 2005-2004 ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 3.0; min – 2 S $\overrightarrow{\rightarrow}$
GIRLS BORN 2006 AND YOUNGER ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 5.0; min – 2 S $\overrightarrow{\rightarrow}$; 2. Apparatus by choice D: min 4 – max 7; D max = 5.0; Max 1 R; min – 1 S $\overrightarrow{\rightarrow}$	GIRLS BORN 2006 AND YOUNGER ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 4.0; min – 2 S $\overrightarrow{\rightarrow}$	GIRLS BORN 2006 AND YOUNGER ALL-ROUND: 1. Without apparatus D: min 6 – max 10; D max = 2.0; min – 2 S $\overrightarrow{\rightarrow}$



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- Ranking will be separated by the year of birth from 2001 and younger (all-round competition and final competition)
- Only first 6 gymnasts from the all-round competition (Levels A and B) can participate in the final (max.1 gymnast per club, but not more than 2 gymnasts per country).
- The organizing club (SC“NIKA”) can add 1 gymnast in every final.

AWARDS

ALL-ROUND COMPETITION

1st-3rd place – cups, medals, diplomas

4th-6th place- medals, diplomas

FINALS

1st-3rd place – medals, diplomas

4th-6th place- diplomas

Special prizes for gymnasts, coaches and judges.

All participants will receive presents.

The organizing committee welcomes you to Lviv,

IRYNA RUDA

Head Coach

Director SC “NIKA”

UKRAINE



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"NIKA CUP 2013"**

PRELIMINARY ENTRY "NIKA CUP 2013"

Please return this application form before: **25-th of March 2013**

CLUB/COUNTRY:

CONTACT NAME:

ADDRESS:

TEL:

E-mail:

GYMNASTS: _____ persons

JUDGE: ____ 1 _____ person

COACH: ____ 1 _____ person

EXTRA GYMNASTS: _____ persons

ADDITIONAL PERSONS: _____ persons

TOTAL OF DELEGATION _____ persons



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DEFINITIVE ENTRY “NIKA CUP 2013”

Please, return this application form before: **10-th of April 2013**

COUNTRY:

CLUB:

ADDRESS:

E-MAIL:

CONTACT PERSON:

GYMNASTS:

No	Name surname Gymnasts	Category	Level A or B or C	Exercises
1.				
2.				
3.				
4.				

JUDGE (name surname):

COACH (name surname):

EXTRA PERSONS:

ACCOMMODATION (30 or 40 EUR/ persons/nights):

TRAVEL DETAILS (means of transport):

Arrival date _____ time _____

Departure date _____ time _____

Place and date	Stamp	Signature

